

Online Library The Ultimate Guide To Cunnilingus How Go Down On A Woman And Give Her Exquisite Pleasure Violet Blue Pdf For Free

The Ultimate Guide to Cunnilingus A Beginners Guide to Cunnilingus The Masters Guide to Cunnilingus Box Lunch The Best Oral Sex Ever - Her Guide to Going Down Cunnilingus Techniques She Comes First 69 The Oral Sex Position Guide How to Perform Cunnilingus - The smart person's guide to giving a women pleasure in the form of mind blowing, oral sex that is guaranteed to make her orgasm time after time and take her to ecstasy! Oral Sex That'll Blow Her Mind Put Her First - The Ultimate Guide to Cunnilingus. Going Down and Providing Mind Blowing, Extraordinary Oral Sex!!! A Man's Guide to Oral Sex The Ultimate Guide to Fellatio Blow Her Mind The Best Oral Sex Ever - His Guide to Going Down A Comprehensive Couple's Guide to Oral Sex Oral Caress The Sensual Art of Cunnilingus Oral Sex She'll Never Forget The Sensuous Couple's Guide to Seismic Oral Sex Cunnilingus 101 The Ultimate Guide to Fellatio Vulva Love The Cunnilinguist Summary of Yvonne K. Fulbright's The Best Oral Sex Ever - His Guide to Going Down The Art of Going Down Unfuck Your Cunnilingus Oral Sex for Every Body The Going Down Guide Blow Him Away Blow His Mind Cunnilingus The Ultimate Guide to Anal Sex for Women Female Ejaculation and the G-spot Come As You Are: Revised and Updated Mind-Blowing Sex The Whole Lesbian Sex Book Becoming Cliterate 69

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Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades. Just because she's going down doesn't mean he's having all the fun. "Sexpert" author Yvonne K. Fulbright gets real with women in this bold book on giving and getting oral sex. This guide tackles the dirty taboos and awkward assumptions that keep fellatio from being seductive and satisfying. You will enjoy giving oral sex as much as men enjoy getting it when you learn: Breathing techniques to last longer Positions he'll love, like "The Starfish" and "Deep-Throating" How to give (and receive) multiple orgasms from oral sex How to talk about what they feel is right and wrong Armed with sexy self-confidence and an arsenal of tongue-twisting tips, you will discover exactly how delightful the plunder down-under can be. Please note: This is a companion version & not the original book. Sample Book Insights: #1 Oral sex, which is the act of giving or receiving pleasure delivered to a person's sexual organs primarily via the lips and tongue, is a universal sexual experience enjoyed by millions. Cunnilingus, from the Latin cunnus and lingere, is the technical term for orally stimulating a female's genitals. #2 Oral sex is a great way for women to receive the ultimate kiss. It's important for women to be able to climax from having someone go down on them since the clitoris, the hub of women's pleasure, receives so much attention during the oral act. #3 The power trip from the power element alone in getting head can be intoxicating for her. She has let someone get up close and personal in her most private space, and that person is going to town. #4 Oral sex is legal in some states, but not all. For those of you who are dead set on breaking the law, let this bit of info fuel your oral fantasies. Written by a woman experienced on both ends of the oral sex equation, this nuts-and-bolts exploration of cunnilingus is written for both novices and pros, and demystifies the female anatomy with an eye towards making oral sex as satisfying for the giver as it is for the receiver. Explicit, detailed, and enormously entertaining, Cage guides women (and men) through the basics to more advanced topics such as anilingus, G spot stimulation, female ejaculation, and clit pumping. Eating out has never been so hot. Sexologist Yvonne K. Fulbright exposes the facts and fantastic tricks oral sex aficionados live by in her brazen how-to for men. This guide gives you the tools you need to thrill her every night, including: Making cunnilingus the evening's main course or the first stop in a night of multiple orgasms Techniques from the sacred "Flutter of the Butterfly" to modern Oral Sex Acrobatics How to overcome any woman's oral sex

hangups How to broach the subject of wanting to give her oral sex—even when it makes her nervous Packed with the most erotic ideas for pleasuring her, this men's manual will send you running for the covers. Keep him begging for more . . . It's nothing to be ashamed of. When it comes to performing oral sex, most people fall somewhere between fumbling and clueless. But now, in *Blow Him Away* you'll find practical, easy-to-master techniques that will give you the confidence and skills you need to become an expert in the delicate art of fellatio. Inside you'll find:

- Exercises to whip your tongue, lips, and jaw into shape so you can perform with exquisite control.
- An anatomy class you need to pass.
- Sensual kisses to get you both ready for the main event.
- No-nonsense instructions for how to perform sensational oral sex, blow-by-blow.
- Advice on how to keep your mind from spoiling your head.
- Advanced techniques to wake up the neighbors.
- Positions that will make his knees melt.

Read *Blow Him Away* alone or with the companion edition, *The Lowdown on Going Down*, for knee-buckling oral sex—every time. *Vulva Love* is a step by step guide for the art of cunnilingus, with invaluable lessons for anyone from beginner to experienced. Truly great cunnilingus is when the giver can stimulate a woman to orgasm, while controlling her body movements as she responds to the pleasure. This guide does not assume a static personality in the bedroom. Static personalities do not exist in real life. For example, some women lie quite still while others will pump or grind with their vulva during oral sex. This leaves you at a loss as to how to continue. *Vulva Love* provides detailed, illustrated instructions in how to use techniques to control movement, and provide uninterrupted stimulation for non-stop pleasure with the Mount Method. This sustains excellent interaction, building to a powerful climax, resulting in incredible orgasms, satisfying your woman like never before! Chapters include Mounts and Pressure, Frontal and Behind positions, She's On Top, Unselfish 69, the G-Spot Rodeo and more, with illustrations, and detailed text that will never leave you guessing. The complete self-help book on cunnilingus for everyone who would like to enjoy cunnilingus—women and men! Sex educator Violet Blue tells you all you need to know to give and receive exquisite oral pleasure:

- * For all women—heterosexual, lesbian, bisexual—and men who desire hot oral encounters
- * How to introduce cunnilingus into your sexual repertoire
- * How to negotiate oral sex with a reluctant partner
- * Clear, illustrated guide to women's anatomy
- * Helpful tips on preparation and hygiene—including shaving and waxing
- * Building trust and talking about your desires
- * Advanced positions and techniques
- * Toys, games, fantasy and power play
- * Complete guide to helpful resources—videos, books, and websites
- * Plus, explicit stories of women enjoying cunnilingus by best-selling erotica author Alison Tyler

Oral Sex She'll Never Forget goes beyond "Oral Sex 101" to give men creative step-by-step oral sex routines that will drive their lovers wild. Going down. Eating out. Rug-munching. Speaking in tongues. No matter what you call cunnilingus, talking about it is sometimes uncomfortable and awkward—Until now. *The Cunnilinguist* is a refreshingly modern guide to oral sex with a sense of humor. Written by a woman with experience at both ends of the tongue, this guide will build your confidence in giving-or receiving-oral sex. How to Give and Receive Great Oral Sex Did you know that lesbians report more orgasms than straight women and receiving oral sex can double a woman's chance of orgasm? Those are two findings from a large research study into the differences in orgasm frequency among gay, lesbian, bisexual, and heterosexual men and women. However, fear not; *The Cunnilinguist* has you covered. In *#TheCunnilinguist*... You'll learn tested tips, tricks and techniques that any giver or receiver can try. *The Cunnilinguist: How To Give And Receive Great Oral Sex* has insights and tips for readers from beginner to advanced, single to married, and regardless of gender or sexual orientation. You'll learn tips about how to: Find and use pleasure points Move from foreplay to oral sex Overcome fears and insecurities Make sex safe, hygienic and fun You'll learn next-level tips on how to: Change up your positions Use fingers, vibrators and dildos Incorporate roleplay or power play Spark intimacy before, during and after oral sex And you'll learn what not to do! *The Cunnilinguist* includes the latest scientific research alongside firsthand advice from a woman with experience on both ends of the tongue. Edited and Foreword by sexuality educator Susan Harper, PhD Selected excerpts below: What this book has turned out to be is even more exciting that I had ever hoped. Working closely with Alex to craft a guidebook that could be used by anyone who wants to learn to give or receive good cunnilingus, regardless of gender, has been an adventure. I especially loved that this book focuses on the experience of oral sex for both the giver and the receiver. I love that with *The Cunnilinguist*, Alex has chosen to open up the discussion to anyone who wants to give oral sex to someone with a

vulva, and anyone with a vulva who wants to receive. There's such a need for writing about sex that recognizes trans, nonbinary, and intersex people, and I think this book does an elegant (and fun) job of broadening the conversation beyond cisgender bodies. *The Cunnilinguist* is the kind of book I wish I'd had available to my Sociology of Sexuality students. It manages to be both informative and well-researched while also being a fun, irreverent frolic. The description of the vaginal / vulvar / clitoral anatomy is worth the cover price alone, given how many people who possess these structures don't know what they're called or how they work. This refreshingly modern guide takes the business of giving and receiving pleasure seriously, but never takes itself too seriously. It's full of orgasm-inducing tips and techniques for both giver and receiver, presented with equal doses of good humor and practical, usable information. -Susan Harper PhD *The Ultimate Gift for Your Lover?* Could this be the ultimate gift? Christmas, birthday or any-day gift? Man, woman, transgender; bisexual, straight, fluid; single, dating, married; polyamorous or monogamous. Regardless of gender, sexuality, relationship status or anything else, if you're someone who would like to improve your experience of giving or (and?!) receiving cunnilingus this "refreshingly modern guide" on how to please, pleasure or be pleased might just be the gift you're looking for. Enjoy!:) *#TheCunnilinguist* Oral sex is one of my favorite intimate activities. There is a certain magic that exists between two partners engaged in oral sex, fellatio or cunnilingus, that just does not exist anywhere else in the sexual pantheon. Honestly, many times, in my life I have felt that oral sex is even more intimate than actual sexual intercourse. I love to go down on my committed partners, however, oral sex is something I would never consider with casual partners or one night stands. The magic is just missing. I'm sure many of my readers would agree. Many of my friends have been to prostitutes and not one of them has gone down on them. Hopefully, these empirical facts will help to put things in perspective. Oral sex is an act that truly reaches its zenith between two loving partners. However, through my own research, I know that this act is too often ignored to the unsatisfaction of one or both partners in the couple. I hear one of two complaints frequently. The first is that oral sex is not even present in a relationship. One or both of the partners simply won't do it. The other is that oral sex, when it happens, is bad, short and misguided. There are two distinct problems here. The first of these is a technical problem. Learning how to have intercourse is pretty basic. In fact, the lay it out for you in school. Oral sex, on the other hand is not so straightforward. This requires skills that they don't teach you in health class. You have to pick it up as you go along and all too often, people just don't get the instruction that they need to truly blossom at the art. Dealing with this, very surmountable, problem is the first aim of this book. The two chapters (originally published as separate books) will take both of the lovers through a very technical, easy to understand and follow class on both fellatio and cunnilingus. Once you have read through these pages, and given the techniques described a try, I am sure you will quickly become proficient at pleasing each other. The other problem that this book is designed to address, is the communication gap that so often exists between partners where oral sex is concerned. The main source of this absence of talk seems to come from a fear that a person is no good at oral sex and is afraid of criticism. Well, working thorough these chapters, together, and reading the material, together, will quickly help to get you talking on the subject. Neither one of you should be afraid to point out something that you think that you would like to have done to you, or that you would like to try with your partner. Conversely, hopefully as you read these pages, you will encounter information that will make you ask questions and nourish a dialog. One way or the other, I am confident that the two of you will soon be building bridges to oral sex and not walls. Offers a comprehensive guide to lesbian sex, discussing techniques, intimacy, health issues, and sex toys. Described by Salon as 'the bible of female anal sex,' *The Ultimate Guide to Anal Sex for Women* is a comprehensive and creative guide to anal pleasure. Tristan Taormino offers the kind of informed reassurance that can encourage even an absolute beginner to explore this nerve-rich part of the body, either alone or with a partner of any gender. Beginning by dispelling common myths about anal eroticism, Taormino goes on to illustrate anatomy, give tips on building trust and communicating desires, providing reliable, easy-to-understand information. The partner volume to *Ultimate Guide to Cunnilingus* which tells you all you need to know to give and receive exquisite oral pleasure with both men and women. With wit, expertise and enthusiasm, Blue advises readers on how to introduce fellatio into your sexual repertoire and to enjoy it at its fullest. Includes a complete guide to resources, web sites and includes a selection of explicit stories

by Alison Tyler on the subject. Did you know...? In a recent survey, 90 percent of women said that they had to fake orgasm just to make their partners happy. And 80 percent believed they could predict what a long-term relationship would be like based on a first sex. In this book, the Best Tips, Techniques and Advice, relationship expert Jodie Spencer reveals everything you need to know to master the art of cunnilingus. If you're new to oral sex, your partner will never guess it once you have the benefit of all that this book has to teach. Why Women Love Oral Sex What Happens When She Gets Horny? Keys to Great Cunnilingus and lots more.... Click the BUY button now and add a much-needed spice to your relationship! YOU'VE NEVER HAD A BETTER BLOWJOB! First of all; Have confidence that, regardless of whether it's your first jump, odds are you'll be fine - everybody begins some place! Yet, we need to ensure you're more than fine, since life's excessively short for oral that is simply meh. All things considered, in case you're going to go down, you ought to do it right. This is what you need to think about the giving and getting of oral sex, in addition to the entirety of the fun and even functional stuff in the middle. How about we put any misinformation to rest; Prior to getting down to nitty, we should discuss the gritty. Indeed, oral sex is "genuine" sex; Disregard what you have heard about what sex is and isn't. Penis-in-vagina sex isn't the be-all-end-the entirety of sex. Oral sex can be similarly as pleasurable - if not more so - than penetrative sex. Your anatomy is unique; Vulvas and penises come in all shapes and sizes, so do whatever it takes not to invest any energy agonizing over how yours compares to somebody else's. Vulvas seldom resemble an entirely succulent peach, and penises aren't generally eggplant emoticon; large or smooth. Everybody has a smell of some kind down there; Scour all you need, yet you'll actually have some smell down there. It's called your normal smell, and it's fine. All things considered, sprucing up before oral sex is only pleasant. To keep things new; Scrub down, or possibly use cleanser and water to wash your genital zone. Utilize a wet paper towel or unscented wipes on the off chance that you need to spruce up on the fly. Evade scents or antiperspirants down there on the grounds that they aren't genital-friendly or vital. Also, everybody has a taste; You know whose genital juice has an aftertaste like treats and cream? No one's! We as a whole have a taste down there. However, as long as you're healthy and on top of your cleanliness, you should taste fine. In case you're actually stressed over your funky smell, tweaking what you eat may improve the flavor of your juice. Maintain a distance from garlic, onions, asparagus, and cabbage, which purportedly causes not exactly charming smell. To improve your sauce, take a stab at eating; pineapple papaya nutmeg cinnamon celery Now that you are ready, 69: The Beginners' Guide To Cunnilingus: Oral Sex For Men & Fellatio: Oral Sex For Women. Rekindle Your Sex Life With The Ultimate Oral Sex Techniques, will do the rest for you. Learn the most exciting oral sex techniques to enjoy unending orgasm and bring the spark back into your sex life. CLICK TO BUY NOW! Do you want to do a better job pleasing your man? Does he have trouble getting excited enough when you're "down there"? Are you leery of putting your mouth "there", and want to know more first? Those are all perfectly reasonable questions to ask, and those answers and more can be found in Blow His Mind, the HOT new guide by the renowned erotic author Melinda Holmes. She shares the secrets of erotic arts professionals who advise everyday women how they can incorporate the practice of fellatio into their love lives and tease heightened interest from their love partners. In a dramatic and sexy format, Melinda Holmes reveals to the reader the easy to follow practices that can lead to a better, more enduring love affair with a long term amour or a new guy in their life. SEXY, FUN and UNABASHEDLY HOT, this helpful guide blows all others off the book racks! Millions of women long to freshen their relationship, to add a spark of excitement to the 'same old same old,' or bring something new to a new relationship. We all feel the need, and Melinda Holmes satisfies it for us in this guide for happiness-seekers. This book will be a lifeline to a long-term, lasting relationship for countless women, a path to a satisfying love life, and help you to develop a bursting-with-happiness partnership with your man (or men!) Melinda Holmes is the pseudonym of a best selling authoress with numerous awards and popular acclaim for the quality and popularity of her erotic fiction and non-fiction. In this guide, this bestselling women's fiction author teaches you to: Rewardingly navigate the amazing complexity of what looks like a simple part of a man's body. Make your man a better lover by extending his ability to orgasm and even achieve multiple orgasms - with just your mouth! Discover the many little moves that can bring him pleasure - with hardly any effort on your part - and the gratitude that you'll reap. Be so good at fellatio that he'll beg you for it - and how that benefits you sexually! Understand numerous techniques

of "giving head" that won't make you gag, but WILL make him think that you're amazing. Discover that, to a man, WHERE you give a blow job is often as exciting as how you do it! - and where those places are. And much, MUCH more - the exciting lessons in the techniques and methods of an intimate oral experience for you and your lover are brought to life through the real life experiences of Melinda Holmes' many readers. Join her in this exciting and informative guide! SPECIAL BONUS: 101 Steps To A Happy Relationship This is an exclusive publisher bonus available for our readers only, in this handy guide you'll learn: How to take your relationship to the right direction Things you can do to a better relationship. Steps to a happy relationship. Nothing brings more sexual pleasure to a woman than a really good muff-dive, and nothing can be more fulfilling to a person than to watch his or her mate squirm and slither with great erotic pleasure as a result of their efforts. It is therefore vital that we become experts in the art of oral sex and learn the techniques required to push all the right buttons and introduce our partners to new sensations, better tongue-action, and much stronger orgasms. There are countless books about the process of giving head. What makes this book different is its unique approach to technique. This illustrated book will teach you how to perform the most pleasurable techniques with ease, how to train your tongue and use your fingers, nose, and lips to give her a new level of pleasure she has never experienced before. This is an easy-to-learn, fun and educational guide which will turn you into a muff-diving champion! Get ready to dive in and give her the best oral sex she ever had! Discover the essential guide to oral sex from one of the country's leading sex researchers, Shanna Katz. Your partner can't be a superstar at sex until they've mastered the subtle art of cunnilingus. Oral Sex That'll Blow Her Mind is the go-to guidebook to learn the ins, outs and incredible sensations for mind-blowing passion. Whether they're just getting started or are practically an oral expert, this book has just what your partner will need. It's packed with tips and techniques to improve those tingling tongue moves and features tastefully erotic photos of positions perfect for oral pleasuring. Oral Sex That'll Blow Her Mind is far more than a set of skills. It explains how cunnilingus helps partners feel connected (whether you are the giver or the receiver) and how to enrich that experience. YOU'VE NEVER HAD A BETTER BLOWJOB! First of all; Have confidence that, regardless of whether it's your first jump, odds are you'll be fine -- everybody begins some place! Yet, we need to ensure you're more than fine, since life's excessively short for oral that is simply meh. All things considered, in case you're going to go down, you ought to do it right. 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To improve your sauce, take a stab at eating; pineapple papaya nutmeg cinnamon celery Now that you are ready, 69: The Beginners' Guide To Cunnilingus: Oral Sex For Men & Fellatio: Oral Sex For Women. Rekindle Your Sex Life With The Ultimate Oral Sex Techniques, will do the rest for you. Learn the most exciting oral sex techniques to enjoy unending orgasm and bring the spark back into your sex life. CLICK TO BUY NOW! We've been thinking about sex all wrong. Mainstream media, movies, and porn have taught us that sex = penis + vagina, and everything else is just secondary. Standard penetration is how men most reliably achieve

orgasm. The problem is, women don't orgasm this way. We've separated our most reliable route to orgasm—clitoral stimulation—from how we feel we should orgasm—penetration. As a result, we've created a pleasure gap between women and men: 50% of 18-35-year-old women say they have trouble reaching orgasm with a partner 64% of women vs 91% of men said they had an orgasm at their last sexual encounter 55% of men vs. 4% of women say they usually reach orgasm during first-time hookup sex In *Becoming Cliterate*, psychology professor and human sexuality expert Dr. Laurie Mintz exposes the broader cultural problem that's perpetuating this gap, and what we can do about it. Pulling together evidence from biology, sociology, linguistics, and sex therapy into one comprehensive, accessible, and prescriptive book, *Becoming Cliterate* features: Cultural & historical analysis of female orgasm (spoiler: the problem's been going on for ages) An anatomy section (it's all custom under the hood) Proven techniques for cliterate sex (it starts with training the sex organ between your ears) A comprehensive final chapter for men (because you don't have to have a clitoris to be cliterate) By dispelling the lies, misunderstandings, and myths that have been holding us back, *Becoming Cliterate* tackles both personal and political problems and replaces them with updated outlooks and practical skills needed to change our collective perspective on sex. It's time to finally inform women and men on how to have satisfying experiences in bed that benefit both parties. The revolution is cuming—and *Becoming Cliterate* offers a radical, simple solution to progress and pleasure for all. "Confidence, health, and self-knowledge are the keys to a happier sex life--and sex expert Diana Cage is here to teach you how to achieve all three. *A Woman's Guide to Sexual Ecstasy* is an inclusive, hands-on guide to making sex more enjoyable for readers of all sexual orientations. Beginning with a brief historical overview, the book provides women and their lovers with an expansive view of female sexuality--from where it's been to where it's headed--and takes a contemporary approach to sex, offering direct tips and informed advice on how to have the best, most gratifying sex possible. Irreverent yet insightful, Cage covers both the emotional and physical aspects involved in increasing sexual pleasure--including tuning into your sexual fantasies, overcoming hang-ups, touching and being touched, choosing and introducing toys, and understanding female anatomy and orgasms. Straight-talking and non-judgmental, *A Woman's Guide to Sexual Ecstasy* will help women--straight and queer--to open their minds, reject stereotypes, educate themselves and their lovers, and learn how to enjoy sex more than ever before. "-- Women Love Cunnilingus! Today, oral sex has become an integral part of the whole lovemaking. However, cunnilingus is one of the most difficult sexual acts to perform successfully. It takes refined skills, essential techniques and exercises which you can learn from the "Masters Guide to Cunnilingus." Presented in a lively, informative text and easy-to-master instructions, this book will help you to take your partner to new heights of pleasure. Inside you'll find: The Anatomy of Female Sexual Arousal Sensual Kissing, Erotic Massages, Talking and Fantasies The G-Spot, the A-Spot and the Clit an Orgasmic Combo Advanced Tongue Techniques and Exercises Golden Fingers The Double Pleasure Clamp Rules Innovate Oral Sex Positions to Make Her Squirt The Worst Cunnilingus Mistakes Tips, Curious Facts, Practices, Safe Oral Sex and many more. When a woman finds a man who gives good head, she's found a treasure! A complete guide to give a woman oral pleasure! With clear and direct language, *Oral Sex for Every Body* is a practical, uninhibited guide to making your sexual relations more imaginative and pleasurable. Oral sex has many variations (as many for her as for him), and you'll find all of them in this book. Let yourself be carried along and learn to enjoy invigorating oral sex, passionate cunnilingus, or an unforgettable sixty-nine. Let it free your imagination, forget about your fears, and prepare to surprise your lover as you never have before. You will learn to discover and stimulate your partner's most excitable erogenous zones. Without haste, you will savor each vibration of their body and will find secret places that, along the way, will produce an intense, profound sexual experience. This book takes you through all of the steps, including: • The foreplay: kisses, caresses, massages, etc. • Tricks to create a sensual ambiance • The erogenous zones that drive us crazy . . . with pleasure • The most exciting techniques: cunnilingus and fellatio • Fantasies without limitations: erotic games, scenarios, lingerie, piercings, Kama Sutra, and more! Great oral sex is as much about the motion of your hips as the action of your tongue and lips. The *Oral Sex Position Guide* brings you 69 positions that make fellatio and cunnilingus fun, fantastic, and unforgettable. From mild to wild, each position offers specific benefits such as easy deep throat action, pleasurable prostate play, anal-play access, or maximum clitoral stimulation. Oral sex can add

a much-needed spice to your relationship! *The Secrets of Great Sex: A Man's Guide To Oral Sex* answers all the questions men have ever had about performing this delicate act. With creative and exciting ways to enhance intimacy, you'll never want it to end. It's a common myth that women don't enjoy oral sex as much as men do. The truth is, most women love their partners "going down" on them. In fact, some women prefer oral sex to traditional sex with penetration. If you have no idea of how to perform cunnilingus correctly, you will be missing out a big part of fun & excitement you and she can have together. "The Art of Going Down" was written to inspire the reader to explore the possibilities that oral sex for women can offer to any relationship (well, any relationship that involves at least one woman!). It addresses numerous issues, including how to perform cunnilingus as well as tips for the woman receiving oral attention. We will cover the importance of not only being able to perform or enjoy, but also how to communicate your concerns and desires regarding the act of oral stimulation. We will also discuss the difference in attitudes between men and women when it comes to cunnilingus, as well as the portrayal of this intimate act in popular culture. Most of all, "The Art of Going Down" will help you enjoy what can be a mind blowing experience! Whether you are a seasoned vet at giving or getting, or a brand new explorer in this realm, this guide can serve to enhance your sex life in ways that are not merely limited to oral sex. Did you know that the clitoris has 8000 nerve endings, twice as many as the penis? Here is everything you've wondered about the female orgasm and how to make it happen. A witty, well-researched and revealing guide to giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. 'It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner *Vulvas rejoice!* Here is the expert guide you need to the art and science of giving and getting oral pleasure. Learn techniques for causing great pleasure and for communicating desires, needs, and boundaries. Find out the science of why oral sex feels so damn good, work through societal and cultural messages that might get in the way of full enjoyment, and get a good grip on the health, safety, and hygiene stuff you need to know. Dr. Faith G. Harper, sexologist and bestselling author of *Unfuck Your Brain* and *Unfuck Your Intimacy*, brings her humor, knowledge, and compassion to help you gain a wonderfully fulfilling sex life. *ORAL CARESS* is an adult sex education "self help" manual giving information on the practice of cunnilingus and is intended to add skill to the giver and comfort and pleasure to the receiver. This book endorses, educates, and encourages the loving oral stimulation of an adult woman. Written as a loving guide, the book is intended to present oral love as an intimate act intended to communicate genuine caring for the receiving female. A revised and updated edition of Emily Nagoski's game-changing New York Times bestseller *Come As You Are*, featuring new information and research on mindfulness, desire, and pleasure that will radically transform your sex life. For much of the 20th and 21st centuries, women's sexuality was an uncharted territory in science, studied far less frequently—and far less seriously—than its male counterpart. That is, until Emily Nagoski's *Come As You Are*, which used groundbreaking science and research to prove that the most important factor in creating and sustaining a sex life filled with confidence and joy is not what the parts are or how they're organized but how you feel about them. In the years since the book's initial publication, countless women have learned through Nagoski's accessible and informative guide that things like stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it—and that even if you don't always feel like it, you are already sexually whole by just being yourself. This revised and updated edition continues that mission with new information and advanced research, demystifying and decoding the science of sex so that everyone can create a better sex life and discover more pleasure than you ever thought possible. Heading south? You'll need some directions and these fabulous hot tips from sex experts Emily Dubberley and Al Needham. From the finer points of tonguing, to the advanced techniques that will heighten any pleasure-giving and receiving experience, *The Going Down Guide* gives it to you straight and holds nothing back. Witty, racy and frank, this is the ultimate guide to opening wide. Complete with four-color photos, illustrations, and diagrams, *The Going Down Guide* offers creative

techniques for spicing up your (oral) sex life, including such moves as "Chairman of the Board," the "Lusty Lady," and "Admiring the View." It offers guidance for anyone looking to improve his/her skills, from the fellatio first-timer to the cunnilingus connoisseur. The Going Down Guide suggests fun, inventive ways of introducing excitement and intimacy into any relationship. Do you want to be a master of REAL lovemaking? To be the man that women orgasm over just thinking about? Do you wonder why the guys who get the hottest chicks often look like dweebs? HOW DO THEY DO IT?? They know something that you don't - but might have suspected. It's not the "organ" you think that captivates "10s". Now you can learn from the renowned erotic author, Melinda Holmes, WHAT EVERY WOMAN KNOWS, BUT WON'T TELL YOU - how to satisfy and captivate her with your tongue! In a dramatic and sexy format, full of real life examples, Melinda turns losers at love into World Champion lovers, revealing to the reader the easy to follow techniques that lead to a long line of women panting to feel you inside them - or just bringing a tender, grateful smile to the face of that one, special woman. This sexy, fun and hot HOW-TO guide blows all others off the book racks! Millions of men want to be sure that when their partner says, "Yes, I came," she's saying it with the flush of a real orgasm on her face, and the weak knees of a woman who's just experienced something that she'd only suspected could exist. Don't live with uncertainty. Join the happy men who know that their partner will never look elsewhere! Melinda brings every man that one lifeline to a lasting relationship, the path to a satisfying love life, with the one book that can result in a bursting-with-happiness partnership with your lady (or ladies!) Melinda Holmes is the pseudonym of a best-selling authoress with numerous awards and popular acclaim for the quality and popularity of her erotic fiction and non-fiction. In this guide, this bestselling erotic author teaches you to: Discover EXACTLY which parts of a woman's body give you and your partner the most "bang for the buck" - and why you need to be smart about how you treat them. Learn why you BOTH need to address the issue of hair down there - and why YOURS might be a bigger turnoff than hers! Understand how and why women are built for marathons, and men for sprints - and how to fix that. Master the numerous amazing techniques of erotic arts professionals, including the famous "Venus Butterfly." Learn the many different positions which will delight your woman and cause her to COME BACK FOR MORE! Become a better, more thoughtful and communicative lover, and why this is what she really, REALLY wants! And much, MUCH more - discover the exciting lessons in the techniques and methods of an intimate oral experience for you and your partner, and the mind-blasting orgasms that result, from the extensive experiences and mind of a woman who knows EXACTLY how to receive AND give the best of cunnilingus - and isn't shy in talking about it. Start your incredible journey to success and happiness NOW! Now including SPECIAL BONUS eBOOK! : Dating Do's And Don'ts Tools and strategies to help you solidify bonding Rulebook to an explosive love life Getting Your FREE Bonus

Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Cunnilingus: (FREE Bonus Included) 37 Proven Techniques That Will Make Her Scream Every Time Cunnilingus is a unique way to stimulate the sensitive sexual organs of your girl/woman. You can increase her pleasure with your tongue, fingers or mouth. It is an excellent way to increase her satisfaction and make her scream. There are different methods to perform cunnilingus, but you should talk to your partner and take her agreement before completing anything. If you are new to cunnilingus, this book proves helpful for you. You can learn different positions, techniques, robust methods and advanced techniques to perform cunnilingus. There are various ways to increase her satisfaction, but communication and feedback are imperative. In this book, you will learn how to deal with her and increase her pleasure with different cunnilingus techniques. You may become a master of cunnilingus after knowing about different techniques. This book offers: Hygiene and Maintenance for Cunnilingus Cunnilingus Techniques to Make Her Cum Cunnilingus Tips from Lesbians Positions to Give Powerful Cunnilingus to Your Woman Advanced Cunnilingus Techniques Download this book and make cunnilingus a unique experience for her. You can use your techniques to make her happy and satisfied. There is no need to do something strange without her permission. It can risk your relation in the long-run. Download your E book "Cunnilingus: 37 Proven Techniques That Will Make Her Scream Every Time" by scrolling up and clicking "Buy Now with 1-Click" button! With wit, expertise, and an enthusiastic approach, Violet Blue dispels myths and delivers essential information on going down on a man. Every tip, trick, and technique for giving skilled and unforgettable fellatio is provided. From talking to your partner about oral sex to male pleasure spots, Violet Blue covers it all in this complete step-by-step guide. * How to introduce fellatio into your sexual repertoire * Clear, illustrated guide to anatomy * How to keep your lipstick perfect * How to deep throat--passionately and comfortably * Helpful tips on preparation and hygiene--including putting a condom on with your mouth * Building trust and talking about your desires * Countless positions, tips, and tricks * Toys, role playing, threesomes, and power exchange * Complete guide to helpful resources--videos, books, and Web sites * Plus hot stories by bestselling erotica author Alison Tyler--sure to get you in the mood! There is nothing as divine as receiving splendidly performed oral sex. For the man who wants to drive his woman wild with his cunnilingus technique, read Book I, Cunnilingus and for the woman who wants to give her man the best fellatio ever, flip the guide over for Book II, Fellatio. The Sensuous Couple's Guide provides you with the techniques, confidence and skills you need to rock your partner's world. And, not only will you become a master in the art of oral sex, you will learn how to have fun and enjoy bestowing this remarkable gift on the one you treasure. This one volume is all any couple will ever need in their instruction to love making library.