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**and Neonatal Emergencies** **Fatal Misconception**  
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This book is an essential resource for anyone who wants to understand race in America, drawing on research from a variety of fields to answer frequently asked questions regarding race relations, systemic racism, and racial inequality. This work is part of a series that uses evidence-based documentation to examine the veracity of claims and beliefs about high-profile issues in American culture and politics. This particular volume examines the true state of race relations and racial inequality in the United States, drawing on empirical research in the hard sciences and social sciences to answer frequently asked questions regarding race and inequality. The book refutes falsehoods, misunderstandings, and exaggerations surrounding these topics and confirms the validity of other assertions. Assembling this empirical research into one accessible place allows readers to better understand the scholarly evidence on such high-interest topics as white privilege, racial bias in criminal justice, media bias, housing segregation, educational inequality, disparities in employment, racial stereotypes, and personal attitudes

about race and ethnicity in America. The authors draw from scholarly research in biology, genetics, medicine, sociology, psychology, anthropology, and economics (among many other fields) to answer these questions, and in doing so they provide readers with the information to enter any conversation about American race relations in the 21st century as informed citizens. Addresses beliefs and claims regarding race and ethnicity in America in an easy-to-navigate question-and-answer format Draws from empirical research in a variety of scholarly fields and presents those findings in a single, lay-friendly location to aid understanding of complex issues Provides readers with leads to conduct further research in extensive Further Reading sections for each entry Examines claims made by individuals and groups of all political backgrounds and ideologies This text is a comprehensive revision tool for trainees preparing for examinations in anaesthesiology. Presented in question and answer format, the book provides a selection of 50 long and short cases in line with current curricula. Each case presents a different topic covering anaesthesia associated with a range of different disorders in all systems of the body, and in different sectors of the population. Cases cover both routine and more complicated procedures in common and less common disorders. The text is further enhanced by more than 60 photographs and diagrams to assist learning and revision. Key points Comprehensive revision tool for anaesthesiology trainees preparing for examinations Presents 50 long and short cases, in question and answer format Covers anaesthesia for many different disorders and procedures Clinical photographs and diagrams further enhance learning Drugs are considered to be healers and harmers, wonder substances and knowledge makers; objects that impact on social hierarchies, health practices and public policies. As a collective endeavour, this book focuses on the ways that gender, along with race/ethnicity and class, influence the design, standardisation and circulation of drugs throughout several highly medicalised countries

throughout the twentieth century and until the twenty-first. Fourteen authors from different European and non-European countries analyse the extent to which the dominant ideas and values surrounding masculinity and femininity have contributed to shape the research, prescription and use of drugs by women and men within particular social and cultural contexts. New and lesser-known, gender-specific issues in lifestyles and social practices associated with pharmaceutical technologies are analysed, as is the manner in which they intervene in life experiences such as reproduction, sexual desire, childbirth, depression and happiness. The processes of prescribing, selling, marketing and accepting or forbidding drugs is also examined, as is the contribution of gendered medical practices to the medicalisation and growing consumption of drugs by women. Gender relations and other hierarchies are involved as both causes and consequences of drug cultures, and of the history and social life of gender in contemporary drug production, use and consumption. A network of agents emerges from this book's research, contributing to a better understanding of both gender and drugs within our society.

- All concepts of ECG, from basics to advanced have been covered
- All 2017 updates for the management of various diseases have been extensively covered
- EEG concepts have been simplified for conceptual understanding
- All recent protocols have been covered at relevant places
- Diseases like diabetes and AIDS have been updated with relevant recent amendments
- Latest updates from CMDT 2018 have been covered throughout the text

Listen to a short interview with Matthew Connelly  
Host: Chris Gondek | Producer: Heron & Crane

Fatal Misconception is the disturbing story of our quest to remake humanity by policing national borders and breeding better people. As the population of the world doubled once, and then again, well-meaning people concluded that only population control could preserve the "quality of life." This movement eventually spanned the globe and carried out a series of astonishing experiments, from

banning Asian immigration to paying poor people to be sterilized. Supported by affluent countries, foundations, and non-governmental organizations, the population control movement experimented with ways to limit population growth. But it had to contend with the Catholic Church's ban on contraception and nationalist leaders who warned of "race suicide." The ensuing struggle caused untold suffering for those caught in the middle--particularly women and children. It culminated in the horrors of sterilization camps in India and the one-child policy in China. Matthew Connelly offers the first global history of a movement that changed how people regard their children and ultimately the face of humankind. It was the most ambitious social engineering project of the twentieth century, one that continues to alarm the global community. Though promoted as a way to lift people out of poverty--perhaps even to save the earth--family planning became a means to plan other people's families. With its transnational scope and exhaustive research into such archives as Planned Parenthood and the newly opened Vatican Secret Archives, Connelly's withering critique uncovers the cost inflicted by a humanitarian movement gone terribly awry and urges renewed commitment to the reproductive rights of all people. This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1976. A comprehensive text book by Wolters Kluwer Lippincott covering all key features that are very helpful for the medical students. "Through a series of short, engaging chapters, the author gives readers a realistic view of American health care and introduces many public health concepts. The author describes the social determinants of health, how health policy is shaped, and why we engage in unhealthy behaviors despite knowing that they're bad

for us"-- A practical guide to identifying risks in veterinary patients and tailoring their care accordingly Pet-specific care refers to a practice philosophy that seeks to proactively provide veterinary care to animals throughout their lives, aiming to keep pets healthy and treat them effectively when disease occurs. Pet-Specific Care for the Veterinary Team offers a practical guide for putting the principles of pet-specific care into action. Using this approach, the veterinary team will identify risks to an individual animal, based on their particular circumstances, and respond to these risks with a program of prevention, early detection, and treatment to improve health outcomes in pets and the satisfaction of their owners. The book combines information on medicine and management, presenting specific guidelines for appropriate medical interventions and material on how to improve the financial health of a veterinary practice in the process. Comprehensive in scope, and with expert contributors from around the world, the book covers pet-specific care prospects, hereditary and non-hereditary considerations, customer service implications, hospital and hospital team roles, and practice management aspects of pet-specific care. It also reviews specific risk factors and explains how to use these factors to determine an action plan for veterinary care. This important book:

- Offers clinical guidance for accurately assessing risks for each patient
- Shows how to tailor veterinary care to address a patient's specific risk factors
- Emphasizes prevention, early detection, and treatment
- Improves treatment outcomes and provides solutions to keep pets healthy and well
- Written for veterinarians, technicians and nurses, managers, and customer service representatives,

Pet-Specific Care for the Veterinary Team offers a hands-on guide to taking a veterinary practice to the next level of care. The growing geriatric population in the United States has created an increasing need for palliative medicine services across the range of medical and surgical specialties. Yet, palliative medicine lacks the resources to carry such a workload itself. Geriatric Palliative Care addresses this need by

encouraging individual specialties to "own" the management of elderly with the same vigor as they "own" other key management competencies within their specialty. This clinically focused and highly practical handbook, which compliments the more comprehensive text *Geriatric Palliative Care* by Sean Morrison and Diane Meier (Oxford University Press, 2003), encourages this process of learning and ownership across many medical specialties. Designed to be readable and easily accessible to a range of health care providers, *Geriatric Palliative Care* outlines specific strategies for caring for specific palliative care issues common in elderly patients. The handbook also provides evidence based advice for helping patients, relatives, and staff cope with such issues as polypharmacy, dementia and consent, multiple pathologies, home care, elderly caregivers, and supporting the elderly in the place where they would like to be. This book is a comprehensive, interdisciplinary resource for the latest information on implantable medical devices, and is intended for graduate students studying electrical engineering, electronic instrumentation, and biomedical engineering. It is also appropriate for academic researchers, professional engineers, practicing doctors, and paramedical staff. Divided into two sections on Basic Concepts and Principles, and Applications, the first section provides an all-embracing perspective of the electronics background necessary for this work. The second section deals with pacing techniques used for the heart, brain, spinal cord, and the network of nerves that interlink the brain and spinal cord with the major organs, including ear and eye prostheses. The four main offshoots of implantable electronics, which this book discusses, are: The insertion of an implantable neural amplifier for accurate recording of neural signals for neuroengineering studies The use of implantable pulse generators for pacing the activities of diseased organs The use of implantable sensors for observing the influence of therapy and monitoring a patient's biological parameters The use of drug delivery systems to supervise the supply



of accurate doses of medicine to affected parts Readers will also find chapters on the essentials of clocking and timing circuits, pulse generator circuits, neural amplifiers, batteries, biomaterials and biocompatibility, and more. Unique to this book is also a chapter on cyber security and confidentiality concerns with implants. End-of-chapter questions and exercises help readers apply the content to practical use, making this an ideal book for anyone wishing to learn more about implantable devices. Principles of Research Design and Drug Literature Evaluation is a unique resource that provides a balanced approach covering critical elements of clinical research, biostatistical principles, and scientific literature evaluation techniques for evidence-based medicine. This accessible text provides comprehensive course content that meets and exceeds the curriculum standards set by the Accreditation Council for Pharmacy Education (ACPE). Written by expert authors specializing in pharmacy practice and research, this valuable text will provide pharmacy students and practitioners with a thorough understanding of the principles and practices of drug literature evaluation with a strong grounding in research and biostatistical principles. Principles of Research Design and Drug Literature Evaluation is an ideal foundation for professional pharmacy students and a key resource for pharmacy residents, research fellows, practitioners, and clinical researchers. FEATURES \* Chapter Pedagogy: Learning Objectives, Review Questions, References, and Online Resources \* Instructor Resources: PowerPoint Presentations, Test Bank, and an Answer Key \* Student Resources: a Navigate Companion Website, including Crossword Puzzles, Interactive Flash Cards, Interactive Glossary, Matching Questions, and Web Links From the Foreword: "This book was designed to provide and encourage practitioner's development and use of critical drug information evaluation skills through a deeper understanding of the foundational principles of study design and statistical methods. Because guidance on how a study's limited findings should not be used is rare, practitioners

must understand and evaluate for themselves the veracity and implications of the inherently limited primary literature findings they use as sources of drug information to make evidence-based decisions together with their patients. The editors organized the book into three supporting sections to meet their pedagogical goals and address practitioners' needs in translating research into practice. Thanks to the editors, authors, and content of this book, you can now be more prepared than ever before for translating research into practice." L. Douglas Ried, PhD, FAPhA Editor-in-Chief Emeritus, Journal of the American Pharmacists Association Professor and Associate Dean for Academic Affairs, College of Pharmacy, University of Texas at Tyler, Tyler, Texas

Identify and treat digestive problems before they become difficult to manage—with this comprehensive reference from the world-renowned Mayo Clinic. Digestive problems are among the most common reasons people see doctors and take medication. This updated fourth edition of Mayo Clinic on Digestive Health is an authoritative yet practical reference manual that includes information on everything from healthy digestion to cancer treatment. The book is packed with helpful advice on treating common digestive conditions and preventing serious disease, with information on:

- Belching, bloating and gas
- Celiac disease
- Colorectal cancer
- Constipation and diarrhea
- Crohn's disease and ulcerative colitis
- Diverticular disease
- Gallbladder disease
- Heartburn and GERD
- Irritable bowel syndrome
- Liver disease
- Pancreatic disease
- Swallowing difficulties
- Ulcers and stomach pain

Also covered are diagnostic testing, mealtime recommendations and self-care tips for relieving discomfort, and the latest information on endoscopic ultrasound, virtual colonoscopy, and the newer minimally invasive treatments for gastroesophageal reflux disease (GERD). Fresh recipes for every meal of the day. In-depth information about how to choose the most nutritious and sustainable natural foods available.

entrance examinations of AIIMS. The material is prepared after a thorough

scanning of the latest textbooks, journals and research. China's reform era is ending. Core factors that characterized it-political stability, ideological openness, and rapid economic growth-are unraveling. Since the 1990s, Beijing's leaders have firmly rejected any fundamental reform of their authoritarian one-party political system, and on the surface, their efforts have been a success. But as Carl Minzner shows, a closer look at China's reform era reveals a different truth. Over the past three decades, a frozen political system has fueled both the rise of entrenched interests within the Communist Party itself, and the systematic underdevelopment of institutions of governance among state and society at large. Economic cleavages have widened. Social unrest has worsened. Ideological polarization has deepened. Now, to address these looming problems, China's leaders are progressively cannibalizing institutional norms and practices that have formed the bedrock of the regime's stability in the reform era. End of an Era explains how China arrived at this dangerous turning point, and outlines the potential outcomes that could result. Infections in intensive care is a very broad topic, and this book provides concise yet comprehensive coverage. It focuses on the appropriate and judicious use of microbiological, radiological and point-of-care tests in diagnostic work-ups and evidence-based management protocols. Moreover, it offers essential information on the diagnosis and management of commonly encountered infections in the intensive care unit, making it a handy ready-reference manual for intensivists. During the pandemic the world had shut down! Being a household name and a Global personality 'Chef Shipra khanna' felt it as her responsibility to help people with her healthy and delicious recipes in this time of chaos and panic, and shift their focus on their own health as that's all we could do to take care of ourselves and our loved ones from this unknown threat of Covid 19!!! So she started cooking and sharing. Other than making a series of healthy recipes for her YouTube channel Shipra's Kitchen and her new show 'Tadka Marke' on

TataSky she wrote this book #HealthUnlimited. She says 'this book is very close to my heart, as I've shared all the recipes I make and consume in my daily routine to stay happy & healthy and now everyone can too!' The book has been divided into 12 healthy ingredients and recipes around it to make it healthy and interesting. The ingredients are easily available and can be easily added in day to day diet. These ingredients are also used in Ayurveda and are great for your health. Her only motive behind this book is for people to start understanding how important Healthy Eating, Healthy Living and Healthy Cooking is which she communicated on her social media and created Health Booster Shots which went viral. She says 'It all starts from your own kitchen with a slight change in perspective!' Healthy food can definitely be tasty with # Healthunlimited! This book is a complete guide to the use of ultrasound in critical care. Beginning with an overview of ultrasound and its applications, the next chapters discuss basic physics of ultrasound, modes of ultrasonography, and Doppler imaging. The following sections cover the use of ultrasound in different critical care situations including for vascular access, in acute respiratory distress syndrome, for cardiac evaluation, in neurocritical care, in the ICU, and more. The book concludes with clinical case scenarios and guidance on infection control and legal issues in ICU sonography. The comprehensive text is further enhanced by more than 300 ultrasound images, figures and tables to assist learning. Key points Comprehensive guide to the use of ultrasound in critical care Includes discussion on basic physics and modes of ultrasound Provides clinical case scenarios and guidance on infection control Features more than 300 ultrasound images, figures and tables Help your child face all of life's challenges with confidence. Based on the innovative Coping Cat program, this book offers a proven-effective "recipe" for raising resilient kids! We live in an age of anxiety. Amidst climate change and natural disasters, a troubled economy, and one of the largest global pandemics in

modern history—is it any wonder our kids are anxious and stressed out? Add in the pressures inherent in social media and consumerist culture, as well as the pressure of academic success, and you’ve got a recipe for disaster. The good news is that you can help your child manage anxiety and stress—no matter what life throws their way. This book will show you how. Written by two pioneering experts in child psychology and anxiety, *The Resilience Recipe* offers an evidence-based plan grounded in cognitive behavioral therapy (CBT) to help kids build emotional resilience and adaptability, worry less, and thrive—despite the stressors of modern life. With this guide, you’ll learn to help kids feel more in control of their moods and emotions; cope with difficult experiences; and recognize the first signs of stress and anxiety in both their mind and body, so they can find quick relief. You’ll also discover a wealth of tips and strategies to help you manage your own anxiety. Most importantly, you’ll find a solid action plan to help your child feel strong and capable in the face of unprecedented challenges. This book provides insights into the care of cancer patients in the intensive care unit in a comprehensive manner. It provides an evidence-based approach to practitioners and postgraduate students to understand about the critical care needs of the patients suffering from malignancies. It helps the readers to develop critical thinking and encourage discussion towards improving the overall care of the patients and their families as their optimal management requires expertise in oncology, critical care, and palliative medicine and there is a dearth of books explaining about the special requirements and critical care needs of cancer patients. Each chapter is prepared by an expert in the field and contains well-prepared illustrations, flowcharts and relevant images. Chapters include latest evidence-based information which is useful for the readers. The book is useful for residents, fellows and trainees in the field of onco-anaesthesia, onco-critical care, onco-surgery, critical care and anaesthesia; practitioners and consultants in anaesthesia and onco-anaesthesia as well as

intensivist, critical care experts and postgraduates in nursing. Nolph and Gokal's Text Book of Peritoneal Dialysis, Third Edition, covers advances made in the field for the past 30 years. During the past two decades, the time during which this therapy has been increasingly utilized, this text has continued to be recognized as the major source of the discipline's base knowledge. The evolution of this text to its newest edition parallels the growth of peritoneal dialysis from Continuous Ambulatory Peritoneal Dialysis in the eighties to the current therapy that encompasses manual and automated therapies with full emphasis on adequacy of dialysis dose. Peritoneal dialysis represents an intracorporeal technique for blood purification. This unique dialysis system represents one of many human attempts to manipulate nature for sustenance of life. The past few years of advances have focused on further improvement of the technique. Areas that have fueled the interest of researchers include: (1) Physiology of high transporters (and the role of genetics and inflammation); (2) Continued debate over the most appropriate adequacy indices (small solute clearances, large solute clearances, clinical assessment etc.); (3) Understanding, preventing and treating the MIA syndrome in PD patients ( including the roles of leptin, and adiponectin); (4) Pathogenesis and newer management strategies of vascular calcification; (5) Continued improvements in infectious complications including peritonitis; (6) Further improvements in catheter technology; (7) Automated techniques; (8) Explaining and correcting PD underutilization; (9) Rationale and applications of newer dialysis solutions; (10) New understanding and approaches to management of osteodystrophy; (11) Refinements in anemia management including new insights in iron metabolism in PD patients; (12) Further definition of indications for PD; (13) The ideal time to initiate dialysis. Newer insight into host defense mechanisms have also made the past decade of advances in the field more meaningful for clinicians. This text also covers the knowledge gained from animal models of peritoneal dialysis. Nolph and Gokal's

Textbook of Peritoneal Dialysis, Third Edition is a compilation of the latest knowledge in the field. It cites and describes in great detail, the new discoveries and the evolution of understanding the subject of these discoveries. This handbook examines positive youth development (PYD) in youth and emerging adults from an international perspective. It focuses on large and underrepresented cultural groups across six continents within a strengths-based conception of adolescence that considers all youth as having assets. The volume explores the ways in which developmental assets, when effectively harnessed, empower youth to transition into a productive and resourceful adulthood. The book focuses on PYD across vast geographical regions, including Europe, Asia, Africa, Middle East, Australia, New Zealand, North America, and Latin America as well as on strengths and resources for optimal well-being. The handbook addresses the positive development of young people across various cultural contexts to advance research, policy, and practice and inform interventions that foster continued thriving and reduce the chances of compromised youth development. It presents theoretical perspectives and supporting empirical findings to promote a more comprehensive understanding of PYD from an integrated, multidisciplinary, and multinational perspective. This book is the third volume in the Recent Advances in Forensic Medicine and Toxicology series. Volume Two (9789352701247) published in 2018. Divided into five sections, the text provides specialists and trainees with the latest advances and technologies in their field. Section One introduces medical jurisprudence and ethical issues, followed by an extensive section on forensic pathology explaining different causes of death and appropriate approaches to autopsy. Section Three covers forensic radiology and immunology and Section 4 discusses forensic psychiatry examining issues such as sexual crimes, and marriage and divorce. The book concludes with a section on forensic science explaining the role of forensics experts in crime scene analysis and recent advances in examination and

investigation techniques. Each chapter has been extensively researched and referenced. Topics are highly illustrated with photographs, diagrams, text boxes emphasising key points, tables and flowcharts. Key points

Third volume in Recent Advances in Forensic Medicine & Toxicology series Provides clinicians and trainees with latest advances and technologies in the field Covers specialist topics such as legal obligations and ethical responsibilities Highly illustrated with photographs, diagrams, tables, flowcharts and key points boxes

Orthopaedic Knowledge Update®: Sports Medicine 6 brings together the most relevant literature and the latest research from the past 5 years. More than 150 top-notch contributors collaborated on this succinct review of pertinent advances in sports medicine. Find brand-new content on hip instability and microinstability, return-to-play criteria following anterior cruciate ligament injury, exercise-induced bronchorestriction, development of emergency action plans, and imaging of the foot and ankle. Integrating scientific knowledge with today's most effective treatment options,

Addiction Medicine: Science and Practice, 2nd Edition, provides a wealth of information on addictions to substances and behavioral addictions. It discusses the concrete research on how the brain and body are affected by addictions, improving your understanding of how patients develop addictions and how best to personalize treatment and improve outcomes. This essential text is ideal for anyone who deals with patients with addictions in clinical practice, including psychiatrists, health psychologists, pharmacologists, social workers, drug counselors, trainees, and general physicians/family practitioners. Clearly explains the role of brain function in drug taking and other habit-forming behaviors, and shows how to apply this biobehavioral framework to the delivery of evidence-based treatment. Provides clinically relevant details on not only traditional sources of addiction such as cocaine, opiates, and alcohol, but also more recently recognized substances of abuse (e.g., steroids, inhalants) as well as



behavioral addictions (e.g., binge eating, compulsive gambling, hoarding). Discusses current behavioral and medical therapies in depth, while also addressing social contexts that may affect personalized treatment. Contains new information on compliance-enhancing interventions, cognitive behavioral treatments, behavioral management, and other psychosocial interventions. Includes neurobiological, molecular, and behavioral theories of addiction, and includes a section on epigenetics. Contains up-to-date information throughout, including a new definition of status epilepticus, a current overview of Lennox Gastaut syndrome, and updates on new FDA-approved drugs for pediatric neurological disorders. Features expanded sections on evidence-based treatment options including pharmacotherapy, pharmacogenetics, and potential vaccines. Addresses addiction in regards to specific populations, including adolescents, geriatric, pregnant women, and health care professionals. Includes contributions from expert international authors, making this a truly global reference to addiction medicine. Contains numerous extensively labeled colour illustrations in the text.

Bhutani's Color Atlas of Dermatology is a concise atlas which covers various dermatological ailments. This fully revised sixth edition is comprised of 25 chapters, which highlight the treatment modalities available and the newer advances in the field of dermatology, as well as traditional knowledge. A separate chapter on rare dermatological diseases is included, covering topics on reactive disorders, genodermatoses, pseudoepitheliomatous keratotic and micaceous balanitis of the glans, and papulonecrotic tuberculide of the glans, to help improve diagnosis. Other topics include pyodermas, fungal and viral infections, leprosy, disorders due to physical agents, sexually transmitted diseases (STDs), HIV Infection and AIDS, and diseases caused by arthropods and parasites, with detailed diagnosis and treatment for each topic. Bhutani's Color Atlas of Dermatology also provides an overview of energy-based technology and the

fundamentals of lasers surgery as a first-line treatment for several congenital and acquired dermatological conditions. It features discussion on various lasers, indications for use in dermatology, and their side effects and complications. This book is a comprehensive, highly illustrated and clinically relevant book for dermatologist interns and practising dermatologists. Key Points Sixth edition; fully revised and updated Covers new advances in the field of dermatology Over 550 full colour images and illustrations This book focuses on methods and tools for intelligent data analysis, aimed at narrowing the increasing gap between data gathering and data comprehension, and emphasis will also be given to solving of problems which result from automated data collection, such as analysis of computer-based patient records, data warehousing tools, intelligent alarming, effective and efficient monitoring, and so on. This book aims to describe the different approaches of Intelligent Data Analysis from a practical point of view: solving common life problems with data analysis tools. Are you looking to be in tune with yourself and understand why you are the way you are and respond the way that you do? Are you looking to release thoughts and patterns which don't serve you anymore? We are all a combination of divine and human qualities. We all struggle with our flaws and triggers. Becoming conscious of them allows us to reclaim our power and rewrite a new path forward for ourselves. This is the first step to Becoming Whole. Written in a simple yet profound manner, each chapter in this book focuses on one aspect of your inner being that needs to be brought into wholeness. As you read this book, you will: \* Respond to your triggers with a lot more self-awareness and begin to ask yourself, "What is this situation asking me to change about myself?" \* Release your disappointments and victim stories, bringing much-needed growth and peace in your life. \* Develop a strong sense of self-worth, by letting go of the need to seek validation from others. Are you ready to become whole?

**ABOUT THE AUTHOR :** Pooja Khanna is a Wellness

Entrepreneur, Public Speaker, Author and a Spiritual Wellness & Life Coach. She founded a platform connecting people to hundreds of holistic wellness practitioners and healers in New York. Formerly a Corporate Executive with an illustrious career spanning 13 years in top Fortune 100 companies, Pooja is an avid believer in bringing change in your life through deep inner work. She is a lover of meditation, nature walks, art therapy and travel. Finally, a concise pocket guide designed as a quick reference for busy clinicians who seek to improve the care they provide to cancer patients and cancer survivors. It is a comprehensive text formatted for fast access to a wide range of clinical information. This compact compendium is conveniently organized by cancer type for rapid review. It describes the many issues that cancer patients may face throughout the chronologic spectrum of care, starting from cancer diagnosis, to treatment, and survivorship. Each chapter helpfully highlights common impairments and treatment options using succinct tables, helpful illustrations and clinical pearls from experts in the field. In addition, each chapter contains a clinical case and questions on the material to enhance understanding. Evidence for exercise treatment, including pertinent exercise precautions, is included, as are innovative research topics and emerging treatments. This includes dedicated chapters covering cancers of the breast; digestive organs; brain, eye, and central nervous system; urinary tract and genital organs; lip, oral cavity, and pharynx; lymphoid, hematopoietic, and related tissues; bone, articular cartilage, and soft tissues; respiratory and intrathoracic organs; skin. Thankfully, advances in cancer care such as chemotherapy, radiation, and surgery mean that more people than ever before are surviving long after their cancer diagnosis. Unfortunately, a large fraction of them live with at least one serious impairment as a consequence of their treatments that seriously impacts their ability to function and quality of life. This concise and essential guide to cancer rehabilitation will help the clinician navigate the care of this often complex population. Designed

specifically for orthopedic surgeons involved in the review of musculoskeletal MRIs, this book enables clinicians to develop a systematic approach to the interpretation of MRI studies. It opens by providing clinicians with a solid understanding of essential concepts, including the physics of MRI, various pulse sequences available for obtaining an MRI, and normal MRI anatomy. The authors then present an overview of core concepts of image interpretation and step-by-step guidance on how to determine which pulse sequences have been utilized, how to evaluate images, and how to correlate imaging findings with patient history and clinical presentation. The remaining sections of the book present protocols for acquiring and interpreting MRIs of the upper extremity, lower extremity, and spine. Additional chapters cover special considerations for imaging articular cartilage and soft-tissue and bone tumors, as well as advanced techniques such as MR arthrography and MR angiography, correlation with other imaging modalities, and safety issues. Features: More than 700 MRIs and instructive illustrations to highlight key concepts related to normal anatomy and pathologic processes Practical discussion of how other imaging modalities correlate with MRI Clinical insights from leading orthopedic surgeons and radiologists An ideal resource for orthopedic surgeons, residents, and fellows, this book provides essential instruction on how to approach MRI studies in everyday practice. With its practical coverage of clinical concepts, this book will also serve as a valuable reference for radiologists, rheumatologists, primary care physicians, and other specialists who care for patients with musculoskeletal conditions.

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