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Hugo Three Month Language Courses. This new series of self-study language courses prepares the traveler to start speaking Hebrew immediately. Each pack contains a 256 page book with grammar lessons, conversation drills put into context, relevant word lists, and graded exercises to ensure total comprehension when used in conjunction with the four audiotapes. Pronunciation made easy with Hugo's unique imitated pronunciation system .A perfect complement to the Eyewitness Travel Guides .Sixty-minute audio cassettes bring conversations to life. "The authors have created a simple, systematic plan that gives investors a long-term edge with minimal effort and reduced risk. They've done all the work for you, and it's rewarding and easy to follow." -Bob Kargenian, President, TABR Capital Management "There are diamonds in them thar hills' — but to find investment grade diamonds it pays to have experienced guides. Gerald and Marvin Appel provide a simple but powerful plan for the often complex world of investment opportunities." -Dr. Alexander Elder, Author of Come Into My Trading Room and Trading for a Living A Complete Roadmap for Investing Like a Pro That Requires Only 1 Hour Every 3 Months The easy way to build a winning portfolio—and keep winning Reduce risk, increase growth, and protect wealth even in tough, volatile markets Absolutely NO background in math or finance necessary! You can do better! You don't have to settle for "generic" investment performance, and you needn't delegate your decision-making to expensive investment managers. This book shows how you can quickly and easily build your optimal global portfolio—and then keep it optimized, in just one hour every three months. Top investment managers Gerald and Marvin Appel provide specific recommendations and simple selection techniques that any investor can use—even novices. The Appels' approach is remarkably simple and requires only one hour of your time every 3 months, but don't let that fool you: it draws on state-of-the-art strategies currently being used that really work. www.systemsandforecasts.com www.appelasset.com www.signalert.com If you know what to do, active investing can yield far better returns than "buy-and-hold" investing. But conventional approaches to active investing can be highly complex and time-consuming. Finally, there's a proven, easy-to-use approach: one that's simple enough for novices, quick enough for anyone, requires no background in math—and works! Gerald and Marvin Appel show you how to identify, and give you specific recommendations for, the best mutual funds, ETFs, bond funds, and international funds. They do not stop there. They demonstrate how you can quickly and easily evaluate each investment's performance every 3 months, and how to make adjustments to continually optimize the performance of your portfolio. Using their easy to implement strategies, you can achieve better capital growth while reducing risk; profit from new opportunities at home and abroad; make the most of innovative investment vehicles; and protect your assets even in the toughest markets. Improving rates of return while you also reduce risk Setting intelligent investment targets and implementing strategies to meet them Identifying today's most profitable market sectors... ..and those that will

continue to lead Short-term vs. long-term bonds, mature vs. emerging markets What to choose now, and when to switch Have you had enough of your old eating habits? Would you like to introduce healthy changes in your life? Don't hesitate, just buy our diet planner and in 3 months you will thank yourself! Our 3 months diet planner includes: Motivational Quotes Sleep and food duration, food time and amount of water consumed Space to record your exercise, activities, reflections and conclusions Your body progress (weight, chest...) Weekly shopping list and meal ideas Check out our interior by clicking look inside option! Learn to speak French in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or want to refresh your knowledge, Hugo: French in Three Months will have you speaking French fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in French. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of French grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces French sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning French for work, a future vacation, or because you're interested in languages, this course is the perfect place to start. Learning French has never been so easy! If you're trying to get pregnant for the first time (or for some time now), this may be the most important book you'll ever read... The Get Pregnant In 3 Months is the only complete guide that goes straight to the point and gives you only the effective and practical tips to get pregnant, quickly. You'll get everything you need to know including: The Time Tested FOUR Steps Formula to Getting Pregnant How to Influence Your Body and Achieve the Ideal Hormone Levels for Getting Pregnant How To Know When You're Ovulating The Top THREE Fertility Boosting Exercises The SIX Methods to Maximize Your Fertility Natural Herbs That Boosts Your Fertility How To Increase Your Chances Of Getting Pregnant The Best Times To Have Sex And much, much more! This guide was written by Diana Diaz for mothers-to-be, through her own experience. After failing multiple times to get pregnant, she was at a loss not being able to find much information on improving her fertility and getting pregnant. This forced her on a four-month long journey as she tried countless methods -- from having sex very precise times to getting her husband to wear boxers (instead of tight fitting underwear). And all thanks to the techniques shared in this guide, Diana's dream of having a baby was realized just before her 33rd birthday... and you can do the same too, no matter your age (or your spouse's)! Simply Download Your Copy of the Get Pregnant In 3 Months Today And Turn Your Dream of Having A Baby Into Reality... Starting From Right Away! The author of 4 Months to a 4-Hour Marathon gives beginners the advice and instruction they need to take their first strides toward becoming great runners. Expert Dave Kuehls offers the inspiration to get even the most devoted couch potatoes on their feet and completing a 5K in three months. Serving as personal coach and trainer, 3 Months to Your First 5K includes: - The physical and psychological benefits of running - Motivation to get started and keep going - Training tips including equipment, clothing, nutrition, warm-ups, schedule, and lifestyle - Time goals - Race day tips and strategies - After the finish line-what's next? - The challenge of the marathon Once readers have accomplished that 5K, they can also learn how to keep the momentum going and improve their time and stamina for longer races. The Hugo series of popular self-study language courses prepares the visitor for vacation or business travel in France, Germany, Italy, Spain, and Spanish-speaking Central and South America. The books guide the language student through essential grammar, pronunciation, model sentences and word lists to build up vocabulary, conversation exercises to practice speaking skills, and a small bilingual dictionary. Native speakers of each language demonstrate proper use of the language, including the words and exercises from the books as well as specially adapted vocal drills for oral work, making pronunciation easy with Hugo's unique "imitated pronunciation" system. IT TAKES 21 DAYS TO MAKE OR BREAK A HABIT The Four Stages Of Habit 1 Days - 6 Days : Cue 6 Days - 11 Days : Craving 11 Days - 16 Days : Response 16 Days - 21 Days

: Reward This Journal will help you keep up to date, stick to your resolutions and build proper habits that will help you succeed in your weight. This is not just a planner, but your 90 day challenge where you will track all your progress, plan meals, exercise shopping list and monitor body progress. In this journal you will find: Food list Shopping List Your Goals Before & After Weight & Measurement Tracker Daily Food Journal 90 Day Challenge To Overcome 21 Day Habit Challenge Tracking of the day Motivation Instructions on how to use the planner Planning Your Day: Sleep Activity Breakfast Snacks Lunch Dinner Today I'm proud of myself become Something to make tomorrow better? I Feel today Motivational Quotes Within 90 days, anyone can improve their figure, and this journal will help you effectively And most importantly, during 21 Days you will build your eating and exercise habits that will pay off throughout your life Perfect Size: 6x9 inches Flexible Paperback Pages: 111 Cover: Soft Glossy Cover Don't wait, get your diary today and start your 90 Days Challenge Go Raw Lose Weight: You can't help but feel good (and shed pounds) The "Go Raw Lose Weight" book takes you back to the simpler times of eating REAL unprocessed food - just like our grandparents enjoyed. Yes, food that actually nourished the mind, body, and soul. Fruit and Vegetables, Nuts and Seeds... eaten raw - and unprocessed - bursting with life-enriching live enzymes that sadly, modern-day cooking destroys. Are YOU "sick and tired" too of processed junk food? Are you looking for the "Fountain of Youth"? Well, it's been under our noses all the time... growing in fields and orchards, and sold in grocery stores! Tired of gimmick diets, fast-food, and yo-yo dieting, the author discovered the huge benefits of "going raw" and in under three months, eliminated her chronic ulcer and gallstone problems that she'd tolerated for a decade. And the fantastic side-benefit? Effortless weight loss too! You'll discover proper food combining and learn why the acid/alkalinity of the foods you eat is very important to allow your over-worked digestive system to function properly, and to promote greater overall health. Use the author's free "Psychological Tool" to rid yourself of cravings, and use her "Motivation & Mental Imagery" technique to keep you on the track to better health, and a slimmer you! Pick up a copy of Go Raw Lose Weight today, start feeling better tomorrow, and show off your new body at all the upcoming holiday festivities! In brief, the book covers: - Unprocessed Raw Food Health Benefits - Yes, you CAN eat fruit, and lots of it! - "You are what you eat!" - Raw Food, A Re-Introduction - Dietary Fat & Glucose - Weight Loss Psychology and the Tool - Motivation - You CAN Do It! - Indigestion and Ulcers, Gallstones - Food Combining - Acid-Alkaline Balance - Fruit Ripening and Why It's Important - Obesity - A Growing Trend - Lose Weight on an Unprocessed Raw Food Diet - The 80-10-10 Magic Ratio - Excuses... So What Are Yours? - What CAN I eat? - What NOT to eat! - Diet Meal Examples - Diet Food substitution a no-no - Menopause and Balloon Belly - My Ulcer and Gallstone Pains are G-O-N-E! - Weight Loss Progress and pictures - Several Raw Food Weight Loss articles - "How-To" tips for "Raw Foodies" - Frequently Asked Questions The author raves about Andrew Perlot - he was her salvation, after all! Without finding Andrew, she shudders to think of just how "ill" she would have become. Also covered is how you can get copies of Andrew's books. Thank You for your interest, and we hope you enjoy the author's take on "Going Raw." Once you get past the word "raw" and realize it's all about eating fruit and vegetables in their natural state, you'll wonder why on earth you didn't "go raw sooner." Well, better late, than never, according to the author! Thank you in advance for your consideration in purchasing this book. We encourage you to leave a review after reading it, as this helps other people with their buying decision -- and "Thank You" once again! Learn to speak Dutch in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or wanting to refresh your knowledge, Hugo: Dutch in Three Months will have you speaking Dutch fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Dutch. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Dutch grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Dutch sounds with English syllables you're already familiar with, the new audio app also allows you to perfect

your pronunciation - at home or on the go. Whether you're learning Dutch for work, a future holiday, or because you're interested in languages, this course is the perfect place to start. Learning Dutch has never been so easy! Many people want to lose weight, and we're all looking for the easiest way to do so. When it comes to weight-loss programmes, one of the excuses frequently heard by dieticians is 'I don't know how to prepare the right meals'. This book provides a solution to that. In *A Slimmer You Cookbook*, the author presents over 75 home-style recipes, all yielding just 1000 kJ per portion, to suit a variety of individual preferences, family circumstances and budgets. The recipes demonstrate that, by monitoring your portions, you can cook for a family, eat healthily, and enjoy a variety of foods, all while achieving your goal of losing weight. But eating correctly is not just about following a recipe or meal plan; we need to understand how what we eat affects our health. The introduction includes topics such as BMI and cholesterol levels, how to balance daily food intake with activity levels, the role of carbohydrates, proteins and fats in our diet, making the most of 'free' vegetables, and tips on how to interpret food labels. A practical course for beginners with a book that explains grammar clearly and cassettes to enhance your speaking and listening skills. In the book you'll find - easy-to-understand explanations of essential grammar - a unique 'imitated pronunciation' system that makes pronunciation easy by representing Czech sounds by English syllables - conversational drills to practise your speaking skills On the cassettes you'll hear - the spoken language clearly illustrated by native speakers; an expanded pronunciation guide; model sentences, wordlists, dialogues and other passages from the book; specially adapted exercises for oral work. Learn to speak Dutch in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or wanting to refresh your knowledge, *Hugo: Dutch in Three Months* will have you speaking Dutch fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Dutch. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Dutch grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Dutch sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning Dutch for work, a future holiday, or because you're interested in languages, this course is the perfect place to start. Learning Dutch has never been so easy!

Classic Spanish language course, now revised and updated with a new audio app Learn to speak Spanish in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or want to refresh your knowledge, *DK's Hugo Spanish in 3 Months* will have you speaking Spanish fluently in just 13 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Spanish. The 13 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Spanish grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Spanish sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning Spanish for work or a future vacation, or because you're interested in languages, this course is the perfect place to start. Learning Spanish has never been so easy! Did this book help you? Stuck on a certain part or confused about something? Let me help you achieve your success:<https://www.patreon.com/LBDaniels>

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keeping up with all this proclaimed knowledge? Well, I'm a Certified Personal Trainer that has written a book, not just a book author. I know how the body works and I know how to lose weight, no matter if you are looking to lose 5 pounds by tomorrow or over 100 pounds eventually, it's the same system. Say goodbye to reading hundreds of pages. Acquire this book and be shown exactly what to do to lose your unwanted weight. You can lose 5 pounds by tomorrow including much, much more if you need to, if you were to take the plunge today. It's not hard once you read what I want you to do, not what I want you to just read. I'm directing you in the the direction in which way to go and how to go with it, not just having you read many pages and become confused on where to start. Proper guidance through strategic reading, weight loss becomes very simple. Learning how to lose weight and keep it off is something of a skill that can be used for a lifetime to keep your body in tip-top shape for your health and well-being. This book was designed to point you in the right direction with a no-nonsense approach to losing weight. With proper guidance from a Certified Weight Loss Expert, you will lose weight and keep it off for life. Good luck! L.B. Daniels currently resides in Raleigh, North Carolina. He is a Weight Loss Expert and is very knowledgeable in the Fitness and Nutrition industries for more than 15 years. He has earned a B.S in Public Health and a B.A in Psychology from UNC. He is also a Certified Fitness Trainer via ISSA. You can contact him for weight loss tips, tricks, and help at:

<https://www.patreon.com/LBDaniels> Lose 90 Pounds in 3 Months: Completely Change Your Body In Just 90 Days Fitness Challenge Download your E book "Lose 90 Pounds in 3 Months: Completely Change Your Body In Just 90 Days Fitness Challenge" by scrolling up and clicking "Buy Now with 1-Click" button! Classic German language course, now revised and updated with a new audio app Learn to speak German in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or want to refresh your knowledge, DK's Hugo German in 3 Months will have you speaking German fluently in just 13 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in German. The 13 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of German grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces German sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning German for work or a future vacation, or because you're interested in languages, this course is the perfect place to start. Learning German has never been so easy! This daily planner is a must have for every Man and Woman, which would likely be slimmed. This is a Three Months guide to cultivate a better you! Each day includes space to record stats on how much sleep you got, what you ate, how much water you drank and exercise. It is a food and fitness themed self exploration journal that is designed to help you set and reach your goals, dig into your why and set a plan of action to achieve those goals. These are all metrics in becoming the better you. Can be a great gift for friends and family. You are what you eat! Never Give Up! Specifications: Cover Finish: Matte Dimensions: 6" x 9" (15.24 x 22.86 cm) Interior: White Paper Pages: 111 Learn exactly how to turn \$30 into \$3000+ within 3 months spending just 3 hours online. Once you make it to your first sale. The process can be completely automated. This book was written exactly for 3 months, in the 4th quarter of 2010. Now it is first translated into English for sale in electronic form on Amazon. Can I get \$ 300 million out of nowhere? The author claims that it is possible. Do not believe me? The only gain from selling a book in English will cover this amount. So author states... Your essential guide to understanding and speaking Spanish Builds vocabulary through word lists, key phrases, and model sentences Explains essential grammar Develops conversation skills through exercises based on real-life scenarios Includes a mini Spanish-English dictionary You've been wanting to write a book for YEARS. Life gets in the way, and hey, the idea of writing a whole book feels overwhelming! So, you keep pushing it off to someday. This book is about how to write that book. There is a process for writing a book and I am going to break it down to the nuts and bolts for you. You can definitely, absolutely, 100% write a

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Learn to speak Spanish in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or wanting to refresh your knowledge, Hugo: Spanish in Three Months will have you speaking Spanish fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Spanish. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Spanish grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Spanish sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning Spanish for work, a future holiday, or because you're interested in languages, this course is the perfect place to start. Learning Spanish has never been so easy! Now learning a foreign language can be enjoyable as well as challenging, and not require a trip back to the classroom. Available in both book-only or book-and-cassette format, these Three-Month Language Courses are outstanding self-study programs designed for the individual seeking to acquire a good working knowledge of a language in a short amount of time. Devoting just over an hour daily to the course, the program provides grammar lessons, contextual conversation drills, relevant word lists, and graded exercises, giving you an immediate and practical grasp of the language. In addition, pronunciation is made easy with Hugo's unique "imitated pronunciation" system, which represents foreign sounds with English syllables. Whether you are a businessman tackling an international account, a student preparing for an adventurous holiday, or simply a lover of new languages, the Three-Month Language Course makes learning easy, satisfying, and more fun than ever before. Translated by the author, this week-by-week study offers a profound message for readers in simple, easy-to-understand language. Includes 13 detailed Bible studies with daily readings. The study is divided into three sections: See (observations), Judge (historical context), Act (reflection). Journaling is encouraged and a small group study section appears at the end of each week. These Bible studies can be used for Sunday school, for evening Bible study, for home study meetings, for faith communities, for retreats, and for personal Bible study. This book can even be used as a daily Bible study, as each lesson is divided into seven parts. To see another group study offered by Cokesbury, go to the Adult Bible Studies website. Learn to speak French in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or wanting to refresh your knowledge, Hugo: French in Three Months will have you speaking French fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in French. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of French grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces French sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning French for work, a future holiday, or because you're interested in languages, this course is the perfect place to start. Learning French has never been so easy! Classic

Portuguese language course, now revised and updated with a new audio app Learn to speak Portuguese in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or want to refresh your knowledge, DK's Hugo Portuguese in 3 Months will have you speaking Portuguese fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Portuguese. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Portuguese grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Portuguese sounds with English syllables you're already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning Portuguese for work or a future vacation, or because you're interested in languages, this course is the perfect place to start. Learning Portuguese has never been so easy! Benny Lewis, who speaks over ten languages—all self-taught—runs the largest language-learning blog in the world, Fluent In 3 Months. Lewis is a full-time "language hacker," someone who devotes all of his time to finding better, faster, and more efficient ways to learn languages. Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World is a new blueprint for fast language learning. Lewis argues that you don't need a great memory or "the language gene" to learn a language quickly, and debunks a number of long-held beliefs, such as adults not being as good of language learners as children. Lose weight fast with tools, stories, techniques and wonderful advise for people struggling with their weight!Great book motivator! A double approach to language learning including subliminal absorption and conscious analytical study. IT TAKES 21 DAYS TO MAKE OR BREAK A HABIT The Four Stages Of Habit 1 Days - 6 Days : Cue 6 Days - 11 Days : Craving 11 Days - 16 Days : Response 16 Days - 21 Days : Reward This Journal will help you keep up to date, stick to your resolutions and build proper habits that will help you succeed in your weight. This is not just a planner, but your 90 day challenge where you will track all your progress, plan meals, exercise shopping list and monitor body progress. In this journal you will find: Food list Shopping List Your Goals Before & After Weight & Measurement Tracker Daily Food Journal 90 Day Challenge To Overcome 21 Day Habit Challenge Tracking of the day Motivation Instructions on how to use the planner Planning Your Day: Sleep Activity Breakfast Snacks Lunch Dinner Today I'm proud of myself become Something to make tomorrow better? I Feel today Motivational Quotes Within 90 days, anyone can improve their figure, and this journal will help you effectively And most importantly, during 21 Days you will build your eating and exercise habits that will pay off throughout your life Perfect Size: 6x9 inches Flexible Paperback Pages: 111 Cover: Soft Glossy Cover Don't wait, get your diary today and start your 90 Days Challenge Cursus Frans voor beginners met als basistaal Engels You can prepare three months' worth of healthy, homemade baby food in just three one-hour blocks of time! Perfect for busy parents, Dr. Lisa Barrangou's innovative plan features instructions for preparing, freezing, and effortlessly combining puree "building blocks" into quick, tasty meals. With fun combinations like Peachy Strawberry Salad, Coconutty Mango Lassi, Plum-Gingered Brocco-Quinoa, and Purple Papaya Flax Yogurt, The Amazing Make-Ahead Baby Food Book will help your baby cultivate an adventurous palate while providing a rainbow of nutrients. Classic Dutch language course, now revised and updated with a new audio app Learn to speak Dutch in just three months with this practical and comprehensive self-study language course. Whether you're a complete beginner or want to refresh your knowledge, DK's Hugo Dutch in 3 Months will have you speaking Dutch fluently in just 12 weeks. With a fresh new look and an accompanying audio app, the latest edition of this classic self-study course provides all the resources needed to speak, read, and write in Dutch. The 12 weekly chapters contain lessons on the key grammatical structures and present a range of useful vocabulary, along with exercises to reinforce your learning. The essentials of Dutch grammar are clearly explained and tested in conversational exercises, giving you the authentic feel of the language. In addition to a written "imitated pronunciation" guide, which replaces Dutch sounds with English syllables you're

already familiar with, the new audio app also allows you to perfect your pronunciation - at home or on the go. Whether you're learning Dutch for work or a future vacation, or because you're interested in languages, this course is the perfect place to start. Learning Dutch has never been so easy! I will be giving you very easy to follow steps in how to learn a new language in just three months! I did it and so can you! "What Can You Expect From This Book?" Learn the SEO tactics that saw one Airline Pilot quit his flying career. The same ones he used to build a Top SEO Agency in London. 7 Years & 500 clients later, he hands you the Playbook. "SEO For 2020 Onwards" Is This You? Total SEO Virgin? Entrepreneur? Business or Blog Owner with Big Plans? Or Perhaps THIS is You... Mom & Pop store owner Hard worker in need of technical knowledge Frustrated Google Ads spender SEO professional looking for time-saving hacks Affiliate marketer SEO forum & blog reader in need of some structure ...If So, This Book Was Written For You "Features FREE Video Series + SEO Blueprint" What Does This Book Deliver? Over 3 hours of invaluable 'walk through' video tutorials to SHOW you what to do, as well provide you with a step-by-step, week-by-week SEO Blueprint and Checklist.If you've got a solid work ethic, you're eager to learn, and your business model is sound, '3 Months to No.1' will give you all the tools and know-how required to get your website to the very top of Google where the profit is. Through a refreshingly no-nonsense plain English approach to SEO, successful London SEO Agency owner Will Coombe unveils how to... Discover SEO's greatest secret - that it isn't rocket science! Save thousands by doing SEO yourself, or with your in-house team Filter profitable traffic to your site Learn what on earth to do with your social media Effectively direct and monitor people doing SEO for you Gain the industry knowledge to call out anyone full of 'BS' Who is Will Coombe? Before co-founding a successful Digital Marketing Agency in London over 7 years ago, Will Coombe flew passengers round the world for a living. Working for a major UK Airline he helped over 250,000 people reach their final destination. In the end though, his was Google. Now a professional speaker on the subject of making businesses profitable through SEO, Will reveals how and why he went from 'airline', to 'online'; and how you too can leverage his years of experience getting clients' websites to the very top of Google.He may have hung up his wings, but Will's years of experience making technical jargon easily accessible to anyone who entered his cockpit is put to good use in '3 Months to No.1'. "Learn. Take Action. Get Results." A Carefully Curated SEO Guide for 2020 Onwards This book doesn't hold 'secrets' you can't find scattered throughout the Internet. Instead, it cuts through the noise and guides you to the ultimate return on time investment for SEO. It tells you what to focus on and when. '3 Months to No.1' finally gives you a step-by-step Playbook. One with the fresh and down to earth approach of someone who came from no background in SEO or digital marketing at all. "How High Will Your Revenue Go in 12 Weeks?" You'll Discover... * Online marketing 101* Personal advice for your business* How to uncover money-making keywords* Configuring WordPress for SEO success* How to nail the technical elements* How to win links* A crash course in content marketing* Social media account use (finally!)* SEO if you're a local business* eCommerce SEO (inc. Shopify, Magento, & WooCommerce)* Google penalty diagnosis & avoidance* Why it's quicker to go 'white hat' and not try to cheat Google* + more... "Grab a Copy Now..." Everybody knows that losing weight is hard. I think you already know that research shows that diets don't work. Are you okay with fighting your weight the rest of your life? Are you okay with low metabolism that everything sticks to your hips? I don't know how losing 10kg would mean to you? What if there is a simple step-by-step guide to help you to turn from Fat2Fit in 3 months without pills or extreme exercise? You have come to the right place! This book is a step-by-step guide to helping you to transform yourself from the overweight and tired person to a fit, healthy and radiant individual. After years of struggling with her weight and feeling lousy about herself, Vanessa understands what it means to lose the weight and gain tons of energy. Now she is on a mission to help someone just like her who need to lose more than 10kg so that they can have the energy to pursue their dreams. A person who has health has a 1000 dreams. A person who has no health has only one.

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